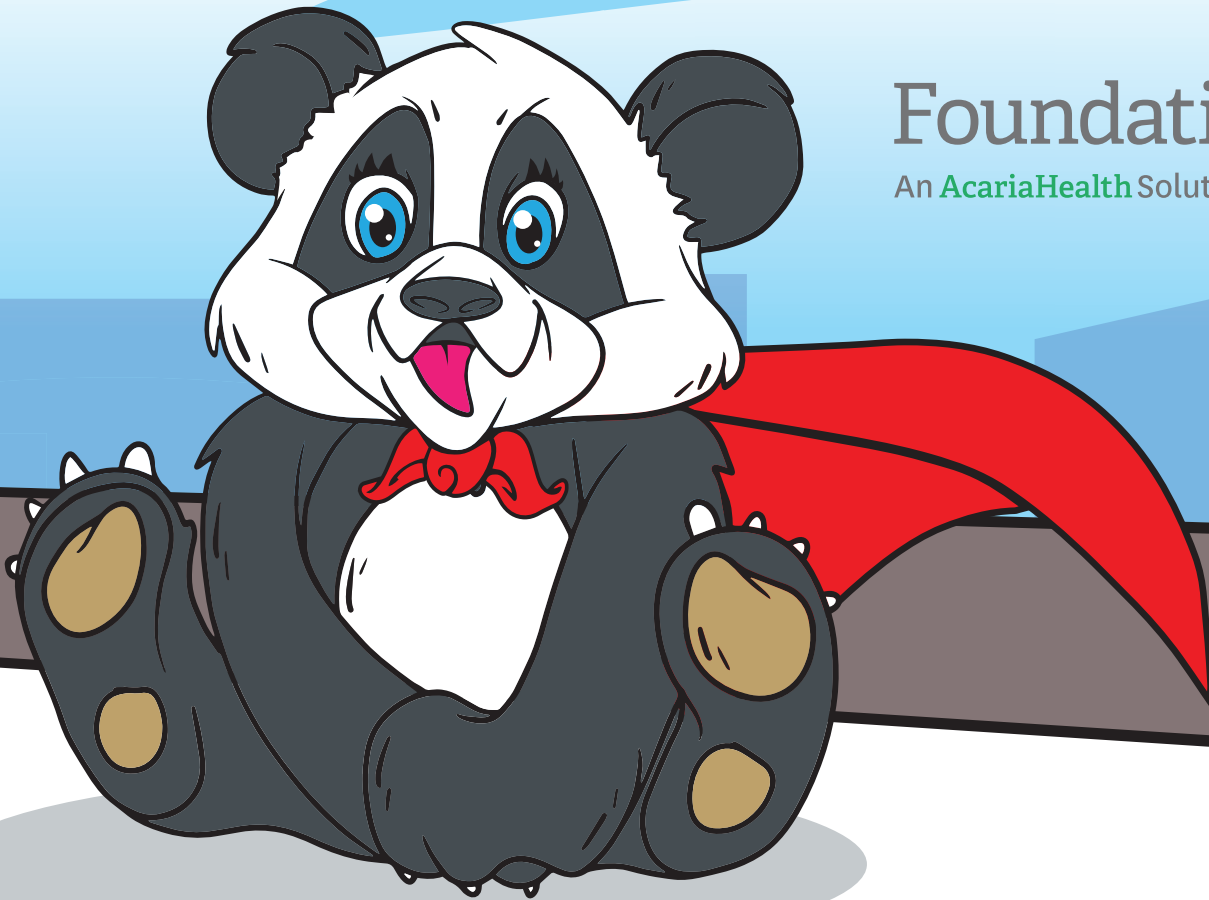


# HUXI

**Meets Her Super Team**

**A Panda with  
Cystic Fibrosis**

**A Coloring Adventure**



Foundation Care<sup>™</sup>  
An **AcariaHealth** Solution

Created by Foundation Care Pharmacy  
to teach children about cystic fibrosis.

THIS BOOK BELONGS TO:

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Story by Cody Rettinghouse  
Illustrations by John Cantrell

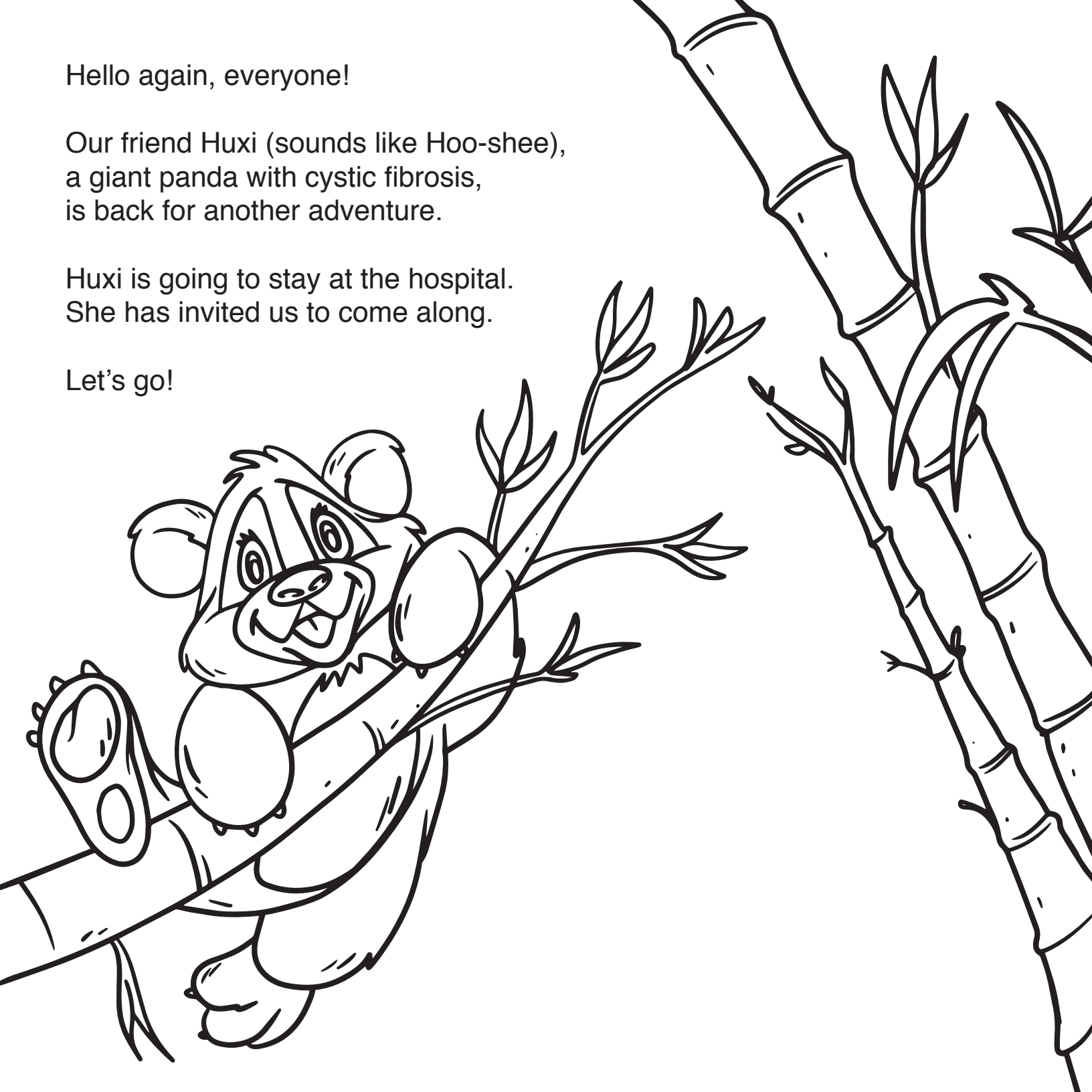
Special thanks to Johns Hopkins University  
for assistance with this book.

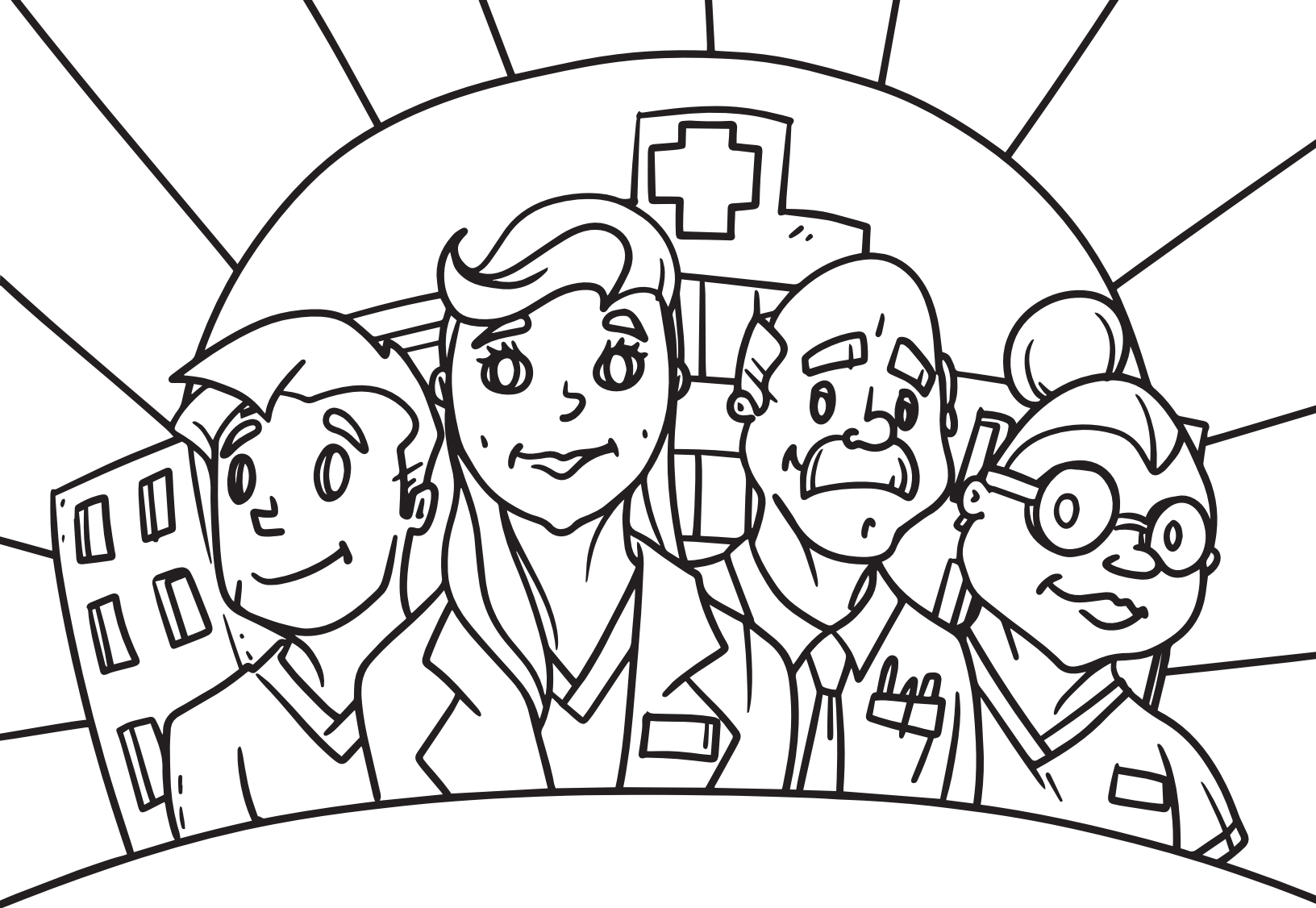
Hello again, everyone!

Our friend Huxi (sounds like Hoo-shee),  
a giant panda with cystic fibrosis,  
is back for another adventure.

Huxi is going to stay at the hospital.  
She has invited us to come along.

Let's go!





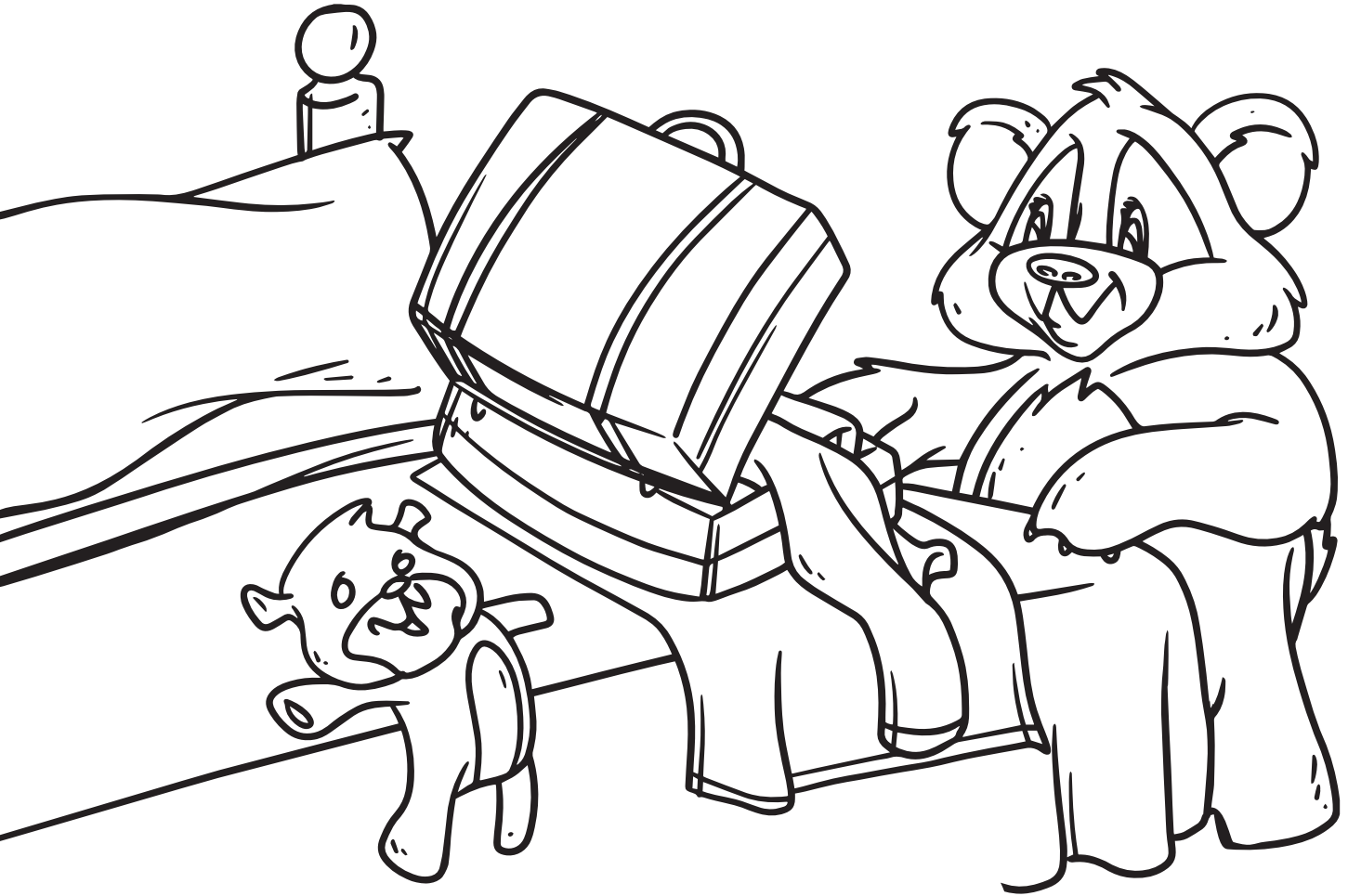
Huxi is visiting the hospital to help her body fight superbugs. The superbugs are tough, but Huxi is even tougher!

At the hospital, she has a Super Team of Heroes. They help her while she fights the superbugs.

Huxi's heroes include doctors, nurses, pharmacists and others.

At home, Huxi packs for her hospital visit. She brings her favorite pillow, pajamas and slippers. She adds clothes and sneakers for exercise. She packs snacks for energy, books and games – just for fun.

She also packs her special vest. It helps to break up the sticky stuff (called mucus) in her lungs. This helps her breathe easier.



Last but not least, Huxi packs Zhichi (sounds like She-chee), her favorite teddy bear. Holding Zhichi always makes her happy!



Now that Huxi is packed, it's time to go to the hospital.

When they arrive, Huxi checks in and gets two special wristbands. One wristband helps her Super Team of Heroes understand the help she needs. The other tells them about her allergies.



During her stay, Huxi will spend most of her time in her room.  
Her Team of Heroes will visit her until her battle with the superbugs is won.

Superbugs are bad for everyone, even Huxi's Team of Heroes.  
They will need to wear gloves and gowns for protection.

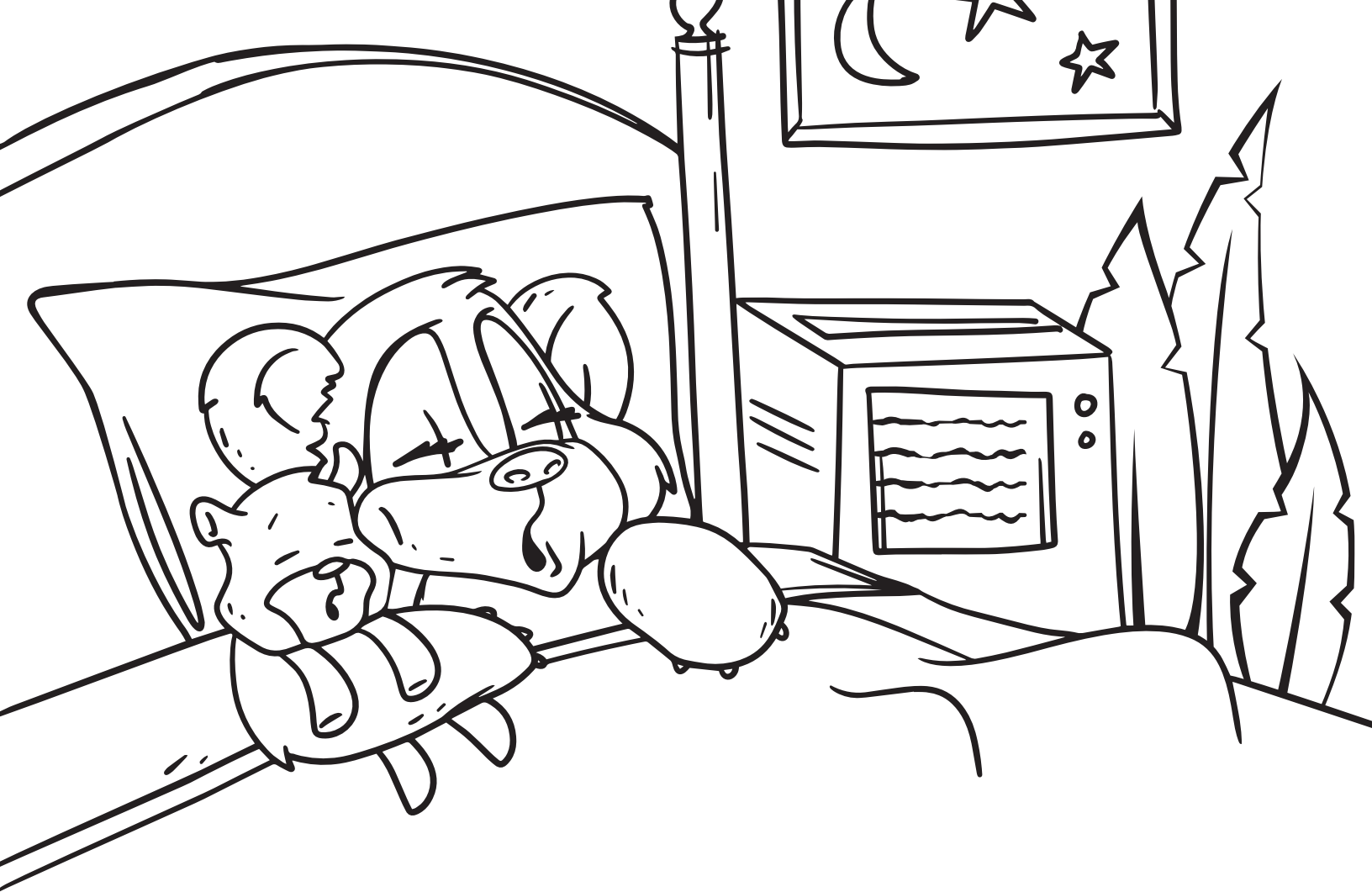
Whew, all that unpacking and travel makes Huxi hungry. The first hero to visit Huxi is her dietitian. The dietitian helps Huxi pick out her favorite foods from the hospital menu.



Huxi chooses meals and snacks too, because she needs extra food. The sticky mucus makes it hard for her body to use food for energy.

She'll need lots of energy to fight the superbugs.





After Huxi eats, it's time for bed.

With Zhichi by her side, Huxi is ready for her hospital sleepover.

Huxi can't stay up too late.

She needs lots of rest so she can grow and grow.

After all, she is a GIANT panda!

During the night, Huxi's nurses will check on her.

They make sure she's comfortable and sleeping well.

Rise and shine, Huxi!

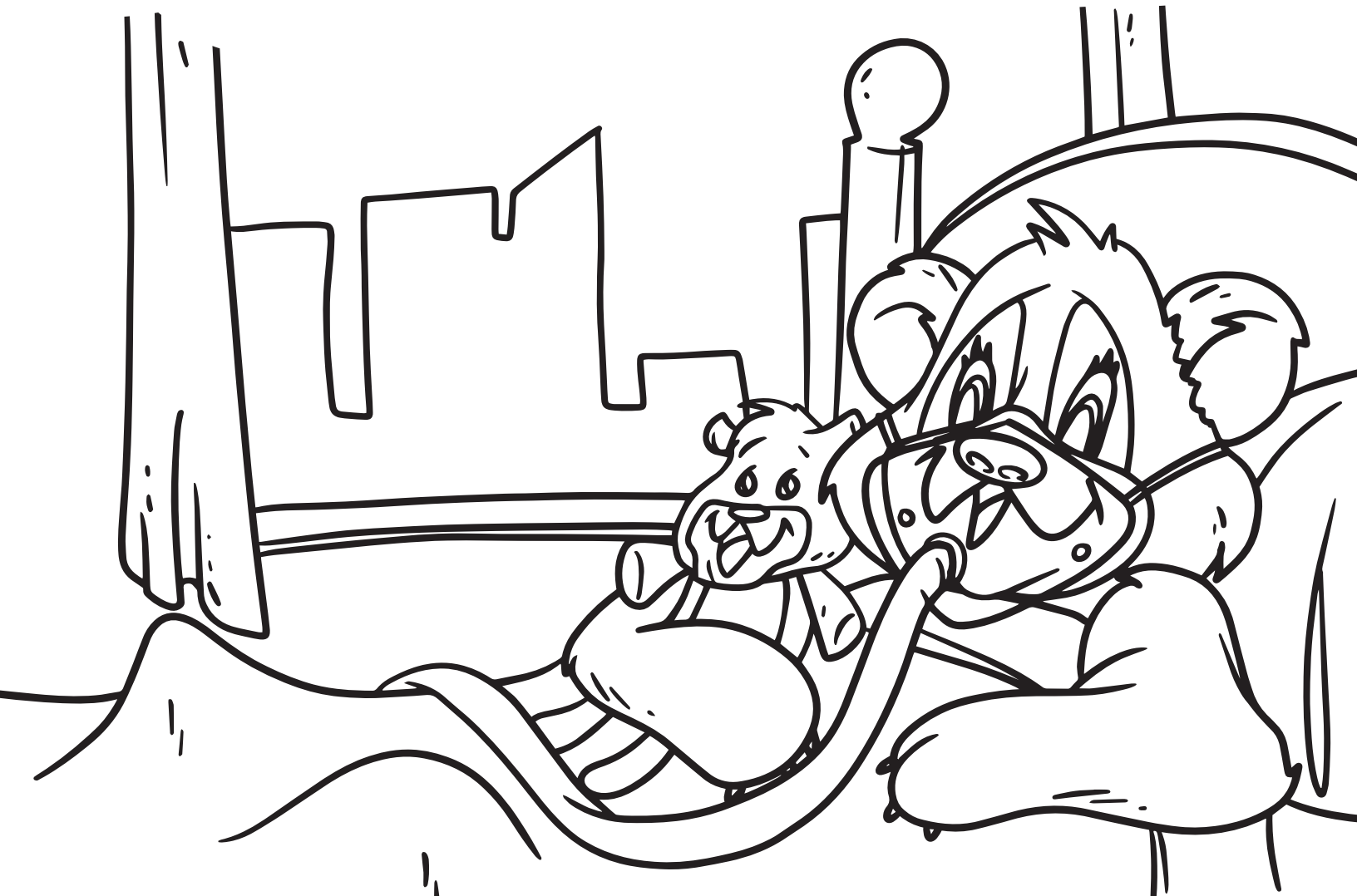
The morning brings more visits from her Team of Heroes.

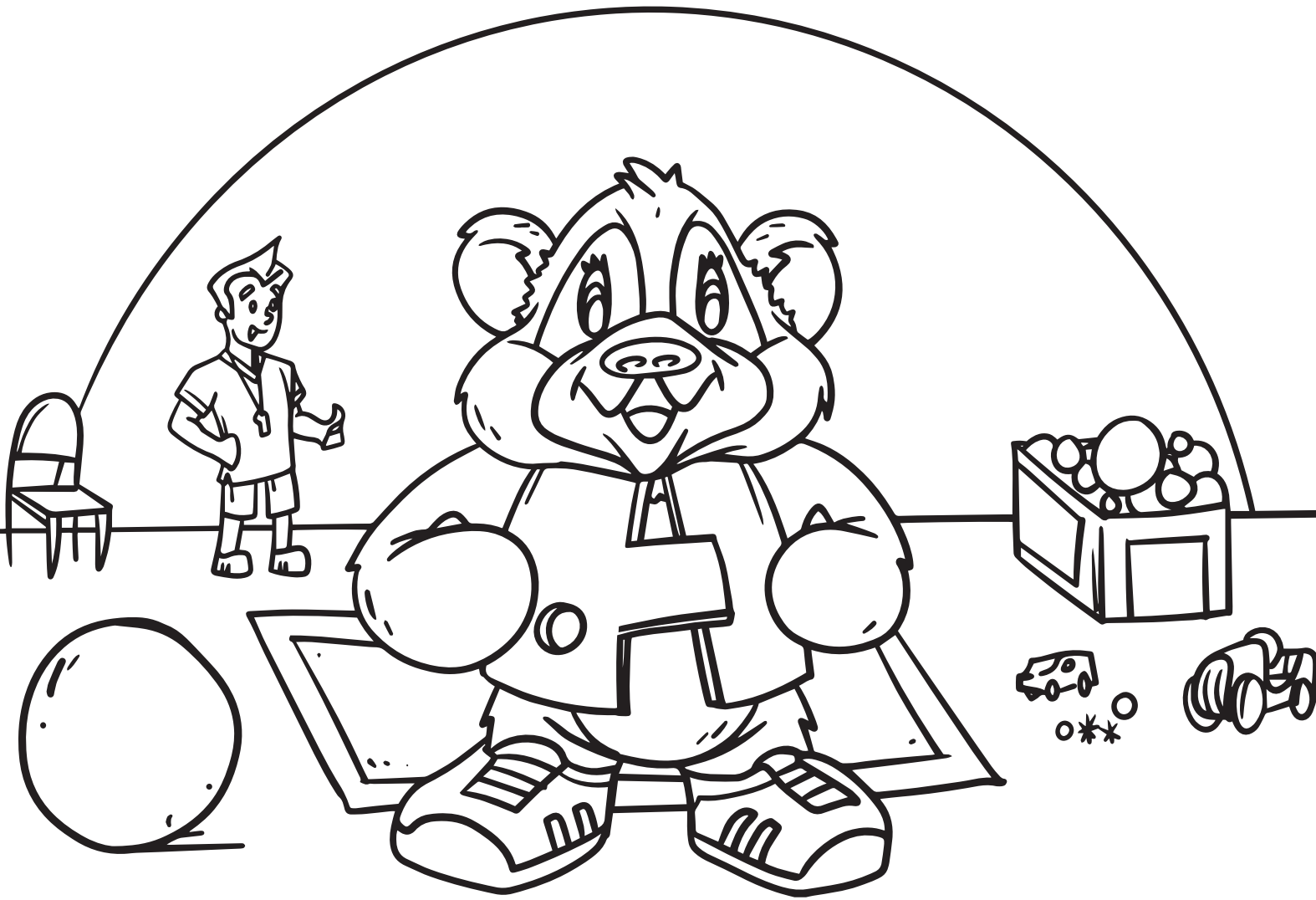
Huxi's nurse stops by to say good morning.

The nurse shares Huxi's plan for the day. Her day is full of activities.

The first activity is with her respiratory therapist or RT for short.

Huxi's RT makes sure she gets breathing medicine with her air nebulizer.





Time to loop, swoop and pull. Huxi ties her tennis shoes.

Her physical therapist, or PT, is the next visitor from her Team of Heroes. The PT makes sure she gets exercise. The PT also helps her fit into her vest and puff out her chest.

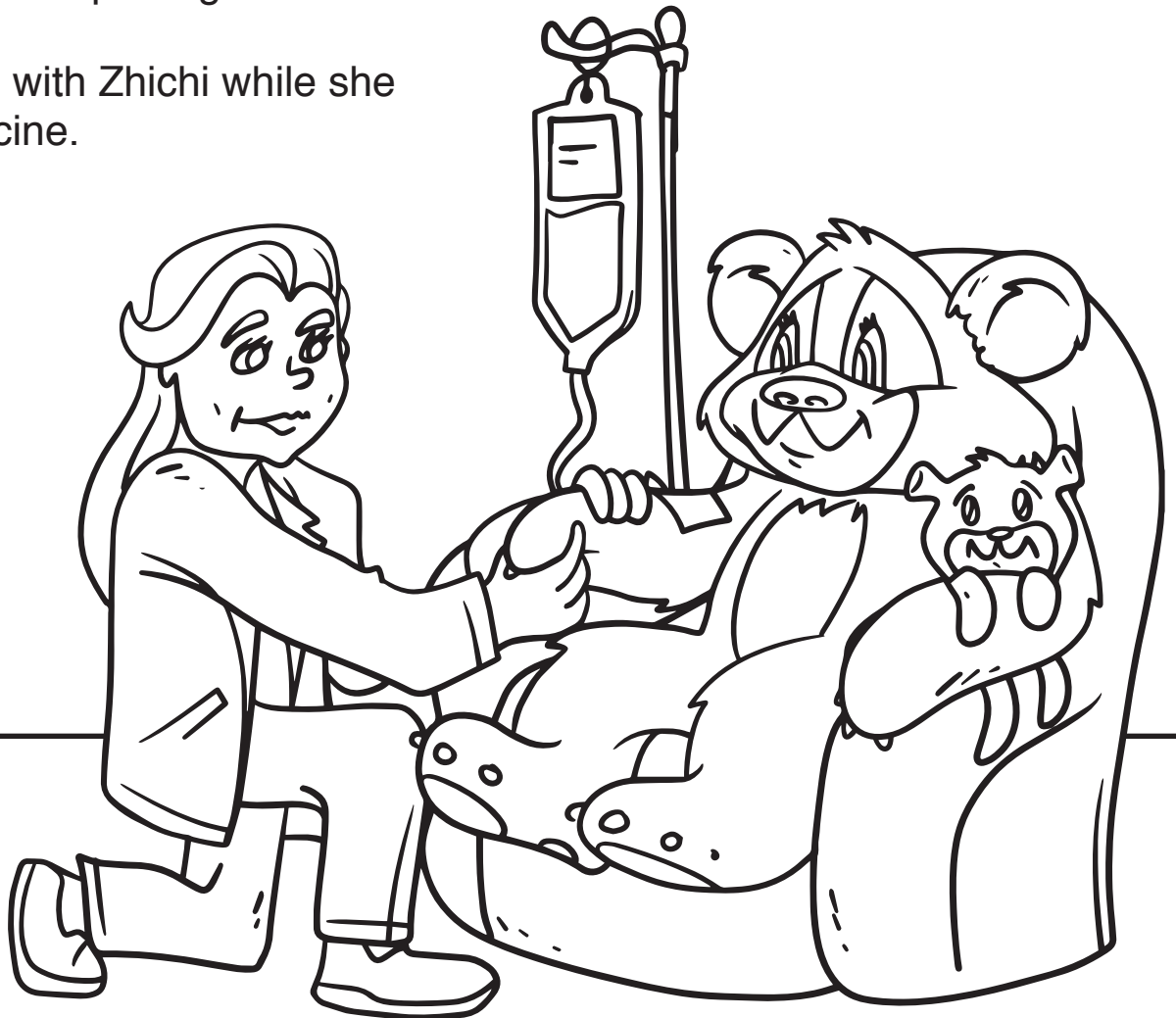
Huxi's PT will visit two or three more times during the day.

Huxi's Team of Heroes wouldn't be complete without her nurses, doctors and pharmacists. These heroes work together to find the best medicine to fight the superbugs.

Huxi gets her medicine through an IV, or intravenous line. Later, Huxi's IV is changed to a different kind of IV called a PICC line.

The PICC line goes in her upper arm. It sends powerful medicine into her body to fight the superbugs.

Huxi snuggles with Zhichi while she gets her medicine.





Later that day, Huxi has a check-up with her doctor. There is good news, Huxi defeated the superbugs. Hooray! Huxi is feeling much better thanks to all the hard work by her Team of Heroes.

Huxi and her parents pack her things and get ready to leave the hospital. They bring home a list of Huxi's medicines so she can stay healthy and strong at home.

Her parents also plan a follow-up visit at the hospital.

Before Huxi leaves, the Team of Heroes says goodbye. They give her a special present — a superhero cape. Huxi tries on her cape and it's a perfect fit.

She is now Super Huxi — stronger than ever. She is ready to fight whatever comes her way!



## **Also available from Foundation Care**

The Amazing Story of Huxi

Huxi Goes on Vacation

Parent Reference: Caring for an Infant/Child with Cystic Fibrosis

Teen Guide: Managing Your Life with Cystic Fibrosis

Adult Coloring Activity Book

## **Additional Resources**

Cystic Fibrosis Foundation — [cff.org](http://cff.org)

Cystic Fibrosis Lifestyle Foundation — [cflf.org](http://cflf.org)

Cystic Fibrosis Research, Inc. — [cfri.org](http://cfri.org)

[CysticFibrosis.com](http://CysticFibrosis.com)

[CysticLife.org](http://CysticLife.org)

[ReachingOutFoundation.org](http://ReachingOutFoundation.org)

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