

# Addressing the MASH/MASLD Epidemic

AcariaHealth is committed to partnering with you to improve care and outcomes for patients living with metabolic dysfunction-associated steatohepatitis (MASH, formerly known as nonalcoholic steatohepatitis or NASH) and metabolic dysfunction-associated steatotic liver disease (MASLD, formerly known as nonalcoholic fatty liver disease or NAFLD).

As the MASH/MASLD epidemic continues, we are preparing for anticipated drug approvals to ensure streamlined and effective transitions for you and your patients. AcariaHealth is dedicated to helping your patients receive the MASH medications that will help them achieve the best possible health outcomes. It all starts with a simple premise – the patient comes first.

## What are MASH and MASLD?

MASLD is a condition characterized by fat accumulation in the liver. MASH is the most severe form of MASLD. While 25% of the global population is estimated to have MASLD, only about 20% of people with MASLD have MASH, which is commonly associated with obesity, type 2 diabetes, and high fat levels in the blood.

## How Can We Help?

- > Referrals via phone, fax, and e-prescription
- > Disease state/medication checklist
- > Prior authorization support
- > Single point of contact to guide your team
- > Copay assistance
- > Coordination with clinical case manager
- > Appeals support and guidance
- > Drug launch toolkit



## Percentage of Americans with MASH and MASLD<sup>2</sup>



- 30-40% of Americans have MASLD (98-131 Million)
- 6-8% of Americans have MASLD and MASH (19.5-26 Million)

Helpful information for your patients can also be found at [liverfoundation.org/liver-diseases/fatty-liver-disease/](https://liverfoundation.org/liver-diseases/fatty-liver-disease/)

1 American Liver Foundation <https://liverfoundation.org/about-your-liver/facts-about-liver-disease/fatty-liver-disease/>  
2 2016 National Institute of Diabetes and Digestive and Kidney Diseases Health Information Center Statistics <https://www.niddk.nih.gov/health-information/liver-disease/naflid-nash/definition-facts>  
3 Verywell Health <https://www.verywellhealth.com/non-alcoholic-steatohepatitis-nash-5196357>

## Transforming Lives With Compassionate Care

As more MASH and MASLD medications become available, contact your AcariaHealth Account Executive with questions. We are happy to provide more information and support. Phone 800.511.5144

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